

Annandale Chamber of Commerce

# ENDEAVOR

Summer 2023

Building the Annandale Marketplace

www.annandalechamber.com

- 2** The Garden Path  
Summer BBQ
- 3** A New Look at Beane-  
tics Coffee Roasters
- 4** Summer Arrives with  
Solicitors on Your  
Doorstep
- 5** Patient First offers  
Sports Physicals
- 6** New Manager at  
Burke & Herbert
- 7** Insurance Insights
- 8** Transportation
- 9** Summer Fun at the  
Parks
- 10** VIEW ON NATURE  
Old-Growth Greatness
- 12** Great Summer Day  
Camps in Annandale
- 15** Celebrate  
National Night Out
- 16** The Golden Years  
Best Exercise
- 17** The Annandale Food  
Pantry
- 18** MEET THE ARTISAN  
Diane Cairns
- 22** UnCovered: Serve a  
Slice of History
- 26** The Police Beat  
Home Security
- 27** Protect Your Pets
- 28** Registration Open for  
the Annandale Parade

## TAX TALK

### IRS Warning about Employee Retention Credit Claims

Internal Revenue Service

For the past many month, media advertising as well as numerous emails have been sent, and phone messages left to businesses all over the country, including those in Annandale. The IRS warns of progressive promoters making offers too good to be true. In a further warning to businesses, the Internal Revenue Service has added these widely circulating promoter claims involving Employee Retention Credits to the annual Dirty Dozen list of tax scams.

The IRS spotlighted Employee Retention Credits as blatant attempts by promoters to con ineligible people to claim the credit. Renewing several earlier alerts, the IRS has highlighted schemes from promoters who have been blasting ads on radio and the internet touting refunds involving Employee Retention Credits, also known as ERCs. These promotions can be based on inaccurate information related to eligibility for and computation of the credit.

"The aggressive marketing of these credits is deeply troubling and a major concern for the IRS," said IRS Commissioner Danny Werfel. "Businesses need to think twice before filing a claim for these credits. While the credit has provided a financial lifeline to millions of businesses, there are promoters misleading people and businesses into thinking they can claim these credits. There are very specific guidelines around these pandemic-era credits; they are not available to just anyone. The IRS urges honest taxpayers not to be caught up in these schemes."

Abusive ERC promotions highlight day one of the IRS annual Dirty Dozen campaign – a list of 12 scams and schemes that put taxpayers and the tax professional community at risk of losing money, personal information, data and more.

#### Beware of ERC promotions

While many eligible employers claimed and have already received the ERC, some third



parties continue to widely advertise their services targeting taxpayers who may not be eligible for the ERC. Unfortunately, these advertisements, along with the increased prevalence of websites touting how easy it is to qualify for the ERC, lend an air of legitimacy to abusive claims for refund.

Third party promoters of the ERC often don't accurately explain eligibility for and computation of the credit. They may make broad arguments suggesting that all employers are eligible without evaluating an employer's individual circumstances. For example, only recovery startup businesses are eligible for the ERC in the fourth quarter of 2021, but these third-party promoters fail to explain this limitation. In addition, some third parties do not inform employers that they cannot claim the ERC on wages that were reported as payroll costs in obtaining Paycheck Protection Program loan forgiveness. Additionally, some of these advertisements exist solely to collect the taxpayer's personally identifiable information in exchange for false promises. The scammers then use the information to conduct identity theft.

The IRS reminds all taxpayers that the willful filing of false information and fraudulent tax forms can lead to serious civil and criminal penalties.

More information can be found on the IRS website at [www.irs.gov](http://www.irs.gov). You can also report instances of fraud and IRS-related phishing attempts 800-366-4484.

# The Garden Path

## Prepare and Enjoy Your Landscaping with a Summer BBQ

By: Miles Campbell  
Campbell & Ferrara Outdoor Living



### Why You Need a Retaining Wall

A retaining wall helps with soil erosion and water drainage. A retaining wall also creates leveled areas in your landscape.

But retaining walls don't have to be boring. Your landscape designer can incorporate steps, seatwalls, and landscaped spaces into a functional outdoor living space.

### Freshen Up Your Landscaping

Before your Memorial Day BBQ, ensure your flowerbeds and other landscapes are clear of weeds and spent blossoms. If you didn't finish your spring cleanup in your flowerbeds, now's the time to do it. Clean out your beds of dead flowers, cut back spring bulb greens, and split your perennials. Then, add any annuals or new perennials to your gardens. Finish up with a fresh layer of mulch.

### Cleaning Up the Lawn

While you've been mowing for the past several weeks, it's an excellent time to see if you need to overseed any bare patches, add fertilizer, and cut your lawn right before your Memorial Day party.

**Campbell & Ferrara**  
8351 Richmond Highway,  
Alexandria, VA 22309  
(703) 354-6724

*Campbell and Ferrara provides landscape design/build services and a retail garden center for homeowners living in Northern Virginia.*

With summer weekends in sight, now is the perfect time to start thinking about how you can prepare your landscaping for a fun and relaxing holiday celebration. And what better way to do that than with a Summer BBQ?

Here are some essential landscape prep tasks to ensure your outdoor space looks its best. We'll also suggest some entertainment activities to incorporate into your Summer BBQ to keep your guests engaged and having fun.

### Landscaping Prep for Summer Celebrations

#### Cleaning Up Yard Drainage Problems

If you plan on having a Summer BBQ, but your yard turns into a pond during heavy rain, you must contact your drainage contractors to repair that area.

Our drainage contractors at Campbell and Ferrara will correct water problems, such as water in your basement, downspout burials, extensions, water pooling, and your yard's low spots.

Our drainage contractors can transform your landscape from a swampy area to a beautiful landscape feature by installing a river rock stream bed to divert water from poor drainage areas on your property.

### Adding Hardscapes to Enhance Your Memorial Day BBQ

Add walkways to connect different hardscapes and features for a harmonious landscape design this spring. You can also include patios with an outdoor kitchen, dining and living rooms. You can make your backyard an extension of your home with outdoor rooms and comfortable furniture.

You can add garden structures to your backyard as an extra room for your friends and family to enjoy looking at your flowerbeds or taking in a Zen landscape.





# Beanetics Coffee Roasters

There is a New Look & New Menu Items



*Cozy Reading Corner next to the Roasting Room.*



*Family area with books and activities for children.*

Beanetics Coffee Roasters has new owners. Annandale residents Jason and Nicole Llorenz, who were always great fans of Beanetics, will continue to operate this beloved enterprise. Twelve years ago David and Amy Starr opened this family owned small business in the Annandale Shopping Center where the, “*evolution of better coffee*” could be savored from beans roasted on the premises in the most astoundingly beautiful roasting room. If you are a fan of mechanical engineering, you need to see this machinery for yourself.

Jason and Nicole have redecorated in sunny colors and added a reading nook with soft upholstery including a basket of books and coloring materials for children.

Continuing the tradition set by the original owners, local artists are showcased with new collections being displayed throughout the year. In the future, Beanetics will also feature poetry readings along with other events of local interest.

Beanetics is a place you can relax with a cup of coffee or take home a pound of your favorite whole beans. They will continue to offer famous Beanetics brands such as Neanderthal and Woolly Mammoth, along with single origin coffee including coffee from Kenya, Guatemala, Costa Rica, Brazil, Ethiopia, Jamaican Blue Mountain and Bali Blue Mountain.

In addition to the coffee, bagels, scones, Rice Krispie treats and coffee cakes, and fruit smoothies are offered. Later in the year, savory dishes will be added.

7028 Columbia Pk.  
Annandale  
703-941-4506  
<http://beanetics.com>



*Beanetics Coffee Roasters located in the Annandale Shopping Center  
Columbia Pike at Gallows Road*



*Beanetics Coffee Roaster and Coffee Beans from All Over the World*

# Warm Weather Brings Door to Door Solicitors



Is the salesperson at your door properly licensed? Know your rights under the federal "Cooling Off" rule and the Virginia Home Solicitation Sales Act. These laws apply to virtually all purchases made in your home or at any location that is not the seller's permanent place of business.

## Peddlers and Solicitors

- Soliciting is the sale of goods or services door-to-door or from a temporary stand and is regulated by Fairfax County Code. Fairfax County requires peddlers and solicitors be licensed before they solicit door to door. They may solicit only between 9 a.m. and 8 p.m., and may not solicit at a residence which posts a "No Peddlers or Solicitors" sign.
- A peddler or solicitor must show the license upon request and must leave the premises immediately if asked to leave. Often solicitors will show customers an ID badge or some other document, claiming that they are licensed by Fairfax County when they are not.
- When a solicitor knocks. Ask for his or her license.
- If they do not have a valid license, ask them to leave.
- Close and lock your door.
- Immediately call Fairfax County Police (non-emergency) at 703-691-2131 to report the violation.
- Solicitors offer a wide variety of goods and services for sale. Solicitors may be selling goods or services such as magazine subscriptions, tree work, firewood, driveway sealing, coupon books, or meat; or "setting appointments" for high-speed internet/cable service, home improvements, or home security alarms. No matter what good or service they are offering, the solicitor is required to have a license.
- Peddler and Solicitor Licenses are issued by the Regulation and Licensing Branch of the Department of Cable and Consumer Services, 12000 Government Center Parkway, Suite 127, Fairfax, Virginia 22035.
- The Fairfax County Solicitor's License is a laminated card that displays the solicitor's photograph, name, and personal information on the front side. The back side of the license displays the solicitor's business information and thumbprints. It is valid for one year from date of issue.

## A Buyer's Right to Cancel

- Virginia law gives consumers the right to cancel a home solicitation contract for \$25 or more at any time prior to midnight of the third business day after the date of the transaction.
- Consumers have up to 30 days to cancel if the seller has misrepresented the nature or purpose of transaction.
- A waiver or modification of a buyer's right to cancel is void and of no effect. In the event a buyer grants such a waiver or modification, the buyer's right to cancel begins on the first business day after he learns that the waiver or modification is void and of no effect.
- Cancellation occurs when the buyer gives written notice of cancellation to the seller.
- After cancellation, the consumer must make available to the seller any goods delivered by the seller, and in as good condition as when received. If a seller fails to recover the goods within 20 days after cancellation or revocation, then the goods become the property of the buyer, with no obligation to pay for them.
- The Virginia Home Solicitation Sales Act does not apply to sales resulting from prior negotiations between the parties, or in some cases when the buyer has asked the seller to provide goods or services without delay because of an emergency.

## The Seller's Obligations

- The seller must tell you about your cancellation rights at the time of sale.
- The seller must provide you with a copy of your receipt (for cash sales) or contract (for credit sales). The receipt or contract must be in the same language used in the sales presentation. The receipt or contract should be dated, show the name and address of the seller, and explain your right to cancel.
- Virginia law requires that the **Buyer's Right to Cancel** must appear as a conspicuous caption on the front side of the receipt or contract, or immediately above the buyer's signature, in bold face type with a minimum size of 10 points.
- Under federal law, the seller must give you two copies of a cancellation form: one to keep and one to send.
- After you cancel within permitted time-frames, the seller has 10 days to:
- Refund your money.
- Cancel and return any promissory note or other negotiable instrument you signed.
- Return any trade-in you gave, and return it in as good condition as when received by the seller.
- If the seller fails to return the trade-in, you may recover its equivalent monetary value as stated in the agreement.
- After cancellation, a seller who provided goods has 10 days to inform the buyer whether the goods will be picked up.
- A seller who does not recover the goods within 20 days of cancellation forfeits ownership of them.
- The seller is not entitled to compensation for services performed prior to the end of the cancellation period.

A violation of any provision of the Virginia Home Solicitation Sales Act is subject to any and all of the enforcement provisions under the Virginia Consumer Protection Act.



# Patient First Coming to Annandale

## Sports Physicals Offered

**Get in the Game**

# SPORTS PHYSICALS

Getting a sports physical can help minimize potential risks of illness or injury and allows medical professionals to monitor for health problems and give age-appropriate advice. A sports physical is meant to determine an athlete's ability to safely engage in vigorous activity; it is not intended as a substitute for a general health maintenance exam. Here is what to expect:

### MEDICAL HISTORY

This part of the exam can include questions such as:

- Family history of serious illnesses.
- Past and present illnesses.
- Allergies.
- Past injuries, previous surgeries & hospitalizations.
- Past and present medications.

### PHYSICAL EXAM

This part of the exam can include:

- Measuring height & weight.
- Checking pulse & blood pressure.
- An eye test.
- Evaluating the condition of heart, lungs, & throat.
- Checking joints, strength, & flexibility.

**Patient First** FOR OVER 40 years

### How to prepare for a physical?

Prior to the sports physical:

- Check with your child's school or sports league to obtain the required forms to bring with you during your visit
- Fill out the parent and student sections of the forms.
- Bring a list of prescription drugs your child is currently taking.

### What to expect during a physical

The following is a general guide of what you can expect during the sports physical:

#### Discussion of Medical History

- Family history of serious illness
- Past and present illnesses
- Allergies
- Previous surgeries and/or hospitalizations
- Past injuries
- Past and present prescription drugs

#### Physical Exam

- Measuring height and weight
- Checking pulse and blood pressure
- Eye test
- Evaluation the condition of the heart, lungs and throat
- Checking strength and flexibility of the extremities
- Neurologic exam

All Patient First Medical Centers offer sports physicals on a walk-in basis from 8 a.m. to 8 p.m. every day. Patient First physicians are available to discuss the need for, and benefits of sports physicals.

Please contact Victoria Soriano at (571) 652-1572 or email [Victoria.soriano@patientfirst.com](mailto:Victoria.soriano@patientfirst.com) for in-person or virtual Zoom interviews

As children return to play this summer and fall, it is important to remember that getting a youth sports physical is the first step to ensuring your athlete's safety and enjoyment during the upcoming sports season.

### Why get a physical?

Getting a sports physical can help minimize potential risks of illness or injury, allows medical professionals to monitor for health problems, and give age-appropriate advice.

A sports physical is meant to determine an athlete's ability to safely engage in vigorous activity; it is not intended as a substitute for a general health maintenance exam.

## Burke & Herbert Bank

### The Right Community Bank for Our Community



*James Beeson, Mgr. / A. Tenkerian, Asst. Mgr.  
and Joseph Shebata, Relationship Banker*

Burke & Herbert Bank & Trust Company, headquartered at King and Fairfax Streets in Old Town Alexandria, has been operating since 1852. It is the oldest continuously operating bank in Virginia and has firmly remained a community bank with members of the Burke family in continuous leadership.

Burke & Herbert has survived the Civil War, WWI, the Depression and WWII in part because they have focused on the customer and the local community. When times are tough is when each customer needs a reliable bank and the guidance of experienced bankers. Unlike the commercial banks, Burke & Herbert does not make money by slapping on endless fees. Instead, they depend on earning interest and maintaining their customer base.

#### MEET JAMES BEESON:

The Annandale branch located at 4235 Annandale Road has recently welcomed a new manager, James Beeson, upon the retirement of Marina Lubbers. Beeson comes to Annandale from the McLean branch with a wealth of management experience. He has a high regard for the role of a community bank and the banking relationship created when the personnel take the time to know your name. Beeson explained that, "The most valuable real estate is between the banker and the customer." Providing excellent and personal customer service will be continued under his management, a tried-and-true policy of Burke & Herbert.

With so many other banks shuttering their branch offices while only offering on-line banking, Burke & Herbert stands in stark

contrast. Online banking is a useful adjunct but not if it is the only choice left. Customers at online only banks, along with so many other consumer services, are frustrated and unfulfilled if their enquiry is not a pre-programmed question. The end result is that your question is NOT answered. Most of these websites under their so called "service section" no longer even offer a phone number for personal contact. Don't you want to actually speak to the institution that is holding your money?

Another focus Beeson highlights is Burke & Herbert's lending to small businesses which results in money staying within the community. Unlike Internet banking where dollars are shipped off to many other states, community banks encourage the success of quality businesses right in their own communities. Beeson also promotes banking products to local non-profit organizations whose deposits are not high but their importance to the community is.

Very often children open accounts with Burke & Herbert because of a better banking experience. Beeson wants kids to learn to save, to spend on needs rather than just wants; and, to look at their deposits as a reflection of money they have earned through chores or allowance. Deposits should not represent a number; they should represent toil and an investment in the future. With this in mind, children look at money differently all their lives. Unfortunately, kids are all too often introduced very early to just an app that encourages spending with a simple quick tap. Instead, Beeson recommends bringing them into Burke & Herbert, meet their staff of thoughtful and engaging professionals who will encourage children on the right path to banking.



*4235 Annandale Road, Annandale, VA 22003  
(Next to Tollhouse Park)*



# Insurance Insights

## Roof Maintenance

### If I hit my house with my Car, Who Pays?

By Virginia Kinneman



Homeowners must ensure that a roof is stable and in good working order. The condition of a roof often plays a significant factor in determining homeowners insurance rates, as insurers are often hesitant to cover homes with old and damaged roofs. Maintaining your roof and replacing it if it does not function properly is necessary for helping keep homes safe, protected and insurable.

#### Being Proactive

Roofs might seem basic on the surface with shingles, gutters and a frame, but they are more complicated than that. Roofs need to be dry and well-ventilated. However, they can trap heat and moisture, often leading to mold, which can be dangerous and create significant issues in homes. Additionally, shingles can trap water, which can cause rot and structural damage.

Hire a professional to inspect your roof before mold or structural damage occurs because once it does, the entire house may be at risk. Conducting routine maintenance and ensuring proper ventilation can help limit potential home damage.

#### Do I Need a New Roof?

Maintaining your roof can help reduce the likelihood of needing to replace it with a new one for a while. However, this requires routine inspections (especially after severe weather) and maintenance to help avoid substantial issues. A lack of regular care can lead to significant and permanent damage, which may require you to install a new roof—at considerable expense.

#### I Hit My House With My Car. Who Pays?

We all might miscalculate our turning radius or forget to look behind us when reversing. So, if you've mistakenly backed your car into your house, you might wonder how your insurance will help you out. When it comes to household damage,

then your **homeowners insurance** will often apply. Always check your policy to determine exactly how your plan will help you out, however.

#### Fault in Collisions with Buildings

One day, while you are running late for work, you start to back out of the driveway. However, the car swerves and you wind up backing into a pair of French doors. That's a bad way to start your morning. But, the right insurance coverage can help you cover the costs of the damage.

The unfortunate part of building collisions is that they are often the driver's fault. Unlike times when you hit another vehicle, there is likely no dispute over who caused the problem. After all, your house could not cause the collision. Therefore, you will have to pay for the damage using your own insurance.

Your **car insurance** will often cover vehicle repairs if you have collision insurance. However, auto policies won't pay for your property damage. In this case, you might have to turn to your home insurance.

#### Homeowners Insurance for Car Wreck Damage

Though you caused the wreck that damaged your house, your homeowners policy will likely pay for the damage. You will have to file this damage claim separately from your claim on your car insurance.

- Policies usually include structure coverage for the portions of the house that get damaged. Structure insurance can help you pay for the necessary repairs.
- If your policy has detached structure coverage, then it will cover damage done to other buildings. So, if you accidentally back into a storage shed or carport, then your policy can pay for repairs to that item.
- Should the collision damage belongings in the house, then your possessions insurance can cover those costs. Some policies might only pay the item's cash value at the time of the accident, however.

Remember, terms and conditions will apply on your homeowners policy. It will likely include deductibles, for instance. If you have a \$1,000 structure deductible, and your house sustains \$2,500 in damage, then your policy will only pay up to \$1,500. Damage that costs less than the cost of the deductible will not have coverage.

Though you might have to file against both your homeowners and auto insurance when you back into your home, it can prove beneficial. Give your agent a call to make sure your policies includes the appropriate coverage for such losses.

**Kinneman Insurance**  
50 S Pickett St No. 20-A  
Alexandria, VA 22304



## Fairfax Connector Service

### Expansion to Fare Free Services



Recently, Fairfax County approved the expansion of fare free services on all Fairfax Connector routes for children ages 12 and younger when accompanied by a paying adult. The expansion is effective beginning May 1st, 2023.

Current policy allows for up to two children, ages four and younger, to ride on Fairfax Connector routes free when accompanied by a paying adult. This expansion is in addition to other fare reduction programs which include:

- ◆ A Free Student Bus Pass for Fairfax County middle and high school students, for all connector and City of Fairfax CUE routes
- ◆ Free transfers to and from the WMATA bus rail service
- ◆ And the Transit Ridership Incentive Program (TRIP) half-fare discount for economically disadvantaged residents

- ◆ A half-fare discount for seniors and passengers with disabilities

Before these change, children five and older were still required to pay the full ride fare. This expansion of fare free services will help fill the gap in the current policy. This new policy does not place a limit on the number of children under the age of 12 who can ride for free. This is a change that supports our One Fairfax policy by increasing access to transit services and reducing barriers. Staff will perform a service equity analysis once the change has gone into effect, to help us understand what impacts the new policy will have. We hope to see no negative impacts on those who rely on public transportation, only positive, while introducing an entire generation to the benefit's public transportation.

## Four Orange Line Stations Closures for Summer Construction

Metro has begun rail replacement work on the Orange Line. During construction, which will be done in two phases to minimize station closures, Metro will replace the original 40-year-old steel rail between Ballston-MU and Vienna stations. Replacing the track in this section is a top priority to ensure safety and increase reliability. Crews will also install fiber-optic cables during this shutdown to modernize communications and allow for more efficient maintenance in the future

Free shuttle bus service will be available for customers during all station closures. Customers are advised to plan extra time for their travel. Metro is boosting outreach to customers at the affected stations and will have prominent signage, announcements in stations and on trains, and teams of outreach personnel to assist customers with the temporary travel patterns during the construction.

Visit [wmata.com/2023majorconstruction](http://wmata.com/2023majorconstruction) for full information, including travel alternatives, for upcoming planned construction work.



7137 Little River Turnpike, Annandale, VA 22003  
703-354-1038 . [www.lambrosgoldsmith.com](http://www.lambrosgoldsmith.com)



SERVING ANNANDALE SINCE 1957  
COLUMBIA PIKE & GALLOWS ROAD 703-256-2730  
[www.annandaleshoppingcenter.com](http://www.annandaleshoppingcenter.com)



# Summer Fun at Fairfax Parks

Fairfax County Park Authority



Get ready to have fun in the sun with Fairfax County Park Authority this summer! From award-winning water features and waterfront parks to mini golf and amusements, there is **something** for everyone.

**Water Park, Pool and Sprayground:** Visit the Fairfax County Park Authority's award-winning Water Mine Family Swimmin' Hole, the Our Special Harbor Sprayground and the Martin Luther King Jr. Park Swimming Pool. These popular destinations are fantastic options for families to come and cool off on a hot summer day.

**The Water Mine Family Swimmin' Hole** (1400 Lake Fairfax Drive, Reston): 11 a.m. to 6 p.m. on Saturday, Sunday and holidays, May 27 to June 18 and Aug. 14 to Sept. 4; 11 a.m. to 6 p.m., daily, June 19 to Aug. 13.

**Our Special Harbor Spray Park** (6601 Telegraph Road, Alexandria): 9:30 a.m. to 7 p.m. on Saturday, Sunday and holidays, May 27 to June 16 and Aug. 19 to Sept. 4; open daily June 17 to Aug. 18 (11 a.m. to 7 p.m. Monday, Tuesday and Thursday; 11 a.m. to 5 p.m. Wednesday; and 9:30 a.m. to 7 p.m. Saturday, Sunday and holidays).

**Martin Luther King Jr. Park Pool** (8115 Fordson Road, Alexandria): noon to 7 p.m. on Saturday, Sunday and holidays, May 27 to June 16 and Aug. 22 to Sept. 4; noon to 7 p.m., daily, June 17 to Aug. 22.

**Mini Golf:** Hit the course with the family for a round of mini golf at four locations this summer.

**Burke Lake Park** (7315 Ox Road, Fairfax Station): 11 a.m. to 8 p.m., May 27 to Aug. 18 and 11 a.m. to 7 p.m., weekends and holidays through September.

**Lake Accotink** (7500 Accotink Park Road, Springfield): 11 a.m. to 7 p.m., May 27 to Aug. 18 and 11 a.m. to 7 p.m. weekends and holidays through September.

**Jefferson Falls** (7900 Lee Highway, Falls Church): 11 a.m. to 5 p.m., Saturdays, Sundays and holidays through May 29 and Aug. 21 to Oct. 29; 2 p.m. to 8 p.m., Mondays to Fridays and 10 a.m. to

8 p.m., Saturdays and Sundays, May 30 to June 16; 10 a.m. to 8 p.m. daily, June 17 to Aug. 20.

**Oak Marr** (3136 Jermantown Road, Oakton): 10 a.m. to 7 p.m. Saturdays and Sundays; 10 a.m. to 9 p.m. Monday through Friday.

**Carousels:** Enjoy a ride on one of the Authority's enchanting carousels at several park locations (weather permitting).

**Burke Lake Park** (7315 Ox Road, Fairfax Station): 11 a.m. to 5:30 p.m., Monday through Sunday, May 27 through Aug. 18 and then 11 a.m. to 5:30 p.m. on weekends and holidays through September.

**Clemyjontri Park** (6317 Georgetown Pike, McLean): 9:30 a.m. to 1 p.m., Monday through Friday; 9:30 a.m. to 6 p.m., Saturday and Sunday.

**Frying Pan Farm Park** (2709 West Ox Road, Herndon): 10:20 a.m. to 1:40 p.m., Monday through Thursday; 10:20 a.m. to 3:40 p.m., Friday through Sunday; call 703-437-9101 to confirm.

**Franconia** (6601 Telegraph Road, Franconia): 11 a.m. to 6 p.m., Saturdays and Sundays through May 28 and Aug. 19 through Oct. 29; daily May 29 through Aug. 18 (11 a.m. to 5 p.m., Wednesdays; 11 a.m. to 6 p.m. other weekdays; 9:30 a.m. to 6 p.m., Saturday, Sunday and holidays).

**Lake Accotink** (7500 Accotink Park Road, Springfield): 11 a.m. to 6:40 p.m., Monday through Sunday through Aug. 18 and then 11 a.m. to 6:40 p.m. on weekends and holidays through September.

**Mini -Train:** Take a scenic ride through the park on our mini, passenger trains.

**Burke Lake Park** (7315 Ox Road, Fairfax Station): 11 a.m. to 5:45 p.m., Monday through Sunday, May 27 through Aug. 18 and then 11 a.m. to 5:30 p.m. on weekends and holidays through September.

**Marina:** Get out on the water by renting a kayak, canoe, paddleboard, pedal boat or other boat at one of our marinas. Many allow you to launch your vessels as well, check online for additional guidance and regulations.

**Burke Lake Park** (7315 Ox Road, Fairfax Station): 8 a.m. to 8 p.m., weekdays May 27 to Aug. 18; 6 a.m. to 8 p.m., weekends/holidays, May 27 to September 4. The park also offers guided boat tours on weekends!

**Lake Accotink** (7500 Accotink Park Road, Springfield), kayaks: 11 a.m. to 6:30 p.m., May 27 to Aug. 18, 11 a.m. to 6:30 p.m., weekends and holiday Aug. 19 through September 14. Pedal boats are available in addition on weekends and holidays.

**Lake Fairfax** (1400 Lake Fairfax Drive, Reston): 11 a.m. to 7 p.m., Saturday, Sunday and holidays, May 27 through Sept. 4.

**Riverbend Park** (8700 Potomac Hills Street, Great Falls): Marina will open in June.

# VIEW ON NATURE

## Old-Growth Greatness

By: Stephen Wendt



*Chestnuts provide food to many forest animals.*



*Chestnut tree in Howard Co, MD  
Courtesy of National Archives*

Many of us think of the forest when Nature comes to mind. All of our lives we lived amongst trees, be it a lone silver maple in your front yard or a tall stand of oaks in the back forty. Trees are and will remain a part of our own ecosystems.

Closer examination reveals the established woodlands we see today are second-growth forests, from 100 years or more ago. Virgin forests once covered much of the Eastern U. S. and Pacific Northwest. Sadly, only about one percent of those uncut stands remains east of the Mississippi River. What caused this? Quite simply, progressive commercial and industrial logging, and a fungal tree disease from Asia.

Settlement and expansion between the 1600s and 1700s were relatively modest. Settlers only cleared trees from a few acres to build homesteads and grow personal crops. But the growth of villages, towns and then cities fueled commercial downing of forests for timber in the 1800s. Old-growth forests that thrived for centuries, especially in the south, were replaced with softwood pine plantations.

The American chestnut dominated much of eastern U.S. among the largest, tallest, and fastest growing trees before they were slowly wiped out in the first half of the 20<sup>th</sup> century by a fungal blight, the greatest tragedy in American forest history. Back then, the forest was a dark shadowy expanse that the Lewis and Clarke expedition warily saw dissipate, once upon the Great Plains.

Uncut and less cut forests host more diverse ecosystems and biodiversity. Surveys have established finding almost 500 salamanders per acre as compared to 100 salamanders in younger woods. Many species of lichens, mushrooms, and insects are only found in old-growth timbers.

Today's old-growth forest stands have towering 100+ foot high canopies. Giant trees of different species and numerous fallen tree trunks in different stages of decomposition back are signs of virgin forests. Another clue is the presence of huge bends or unusual growth patterns in mature tree trunks, indicators of past disruptions in natural growth often caused by other trees falling on neighboring saplings and sudden shifts in nutrient light availability. Naturalists call this ability for trees to adapt by curving growth "sinuosity".

Another rapidly scientific interest re: trees, especially in old-growth areas, is the growing evidence that trees are connected by vast networks of fungal networks in and amongst tree roots. This has opened a wide series of studies about the subterranean interaction, likely chemical communications amongst trees as a community.

An amazing old-growth stands grows on the Virginia Tech campus in Blacksburg known as Stadium Woods. This rare forest consists of 11.5 acres of large to very large trees, including dozens of white oaks over 300 years old. The university considered clearing this miracle forest until significant public outcry and VA Tech's realization of its truly unique historic, educational, and research importance.

I will never forget walking through Stadium Woods with its absolutely giant, towering white oaks with massive thick trunks which significantly spread into a higher layer of huge 3+ ft diameter branching beginning at the height of 75 feet up! That's where old-growth greatness beacons.



# VIEW ON NATURE

## Old-Growth Greatness



**Left:** Late spring foliage of the American chestnut, *Castanea dentata*. Tree located in West State Street Park, Athens, Ohio. ||Creative Commons: Jaknouse , Creative Commons Attribution-Share Alike 3.0

**Right:** From tree identification file courtesy of National Archives, Chestnut tree with rugged bark, used as a favorite building material in Appalachia Mountains between mid 1600s and late 1800s.

During the early to mid 20th century, American chestnut trees were devastated by chestnut blight, a fungal disease that came from Chinese chestnut trees that were introduced into North America from East Asia. It is estimated that the blight killed between 3 and 4 billion American chestnut trees in the first half of the 20th century, beginning in 1904. Very few mature specimens of the tree exist within its historical range, although many small shoots of the former live trees remain.

The blight was first found in the chestnut trees on the grounds of the New York Zoological Garden (the "Bronx Zoo") by Herman W. Merkel, a forester at the zoo. In 1905, Merrill isolated and described the fungus responsible (which he named *Diaporthe parasitica*), and demonstrated by inoculation into healthy plants that the fungus caused the disease. By 1940, most mature American chestnut trees had been wiped out by the disease.

The reddish-brown wood of the American chestnut was lightweight, soft, easy to split, very resistant to decay, and did not warp or shrink. For three centuries many barns and homes near the Appalachian Mountains were made from American chestnut. Its straight-grained wood was ideal for building furniture and caskets. The fruit that fell to the ground was an important cash crop and food source. The bark and wood were rich in tannic acid, which provided tannins for use in the tanning of leather. Many native animals fed on chestnuts, and chestnuts were used for livestock feed, which kept the cost of raising livestock low.

Efforts started in the 1930s and are still ongoing, to repopulate the country with chestnut trees. Wikipedia

# Please Preserve

## Our Pollinators

By: FCPA



The Fairfax County Park Authority is encouraging residents to celebrate and raise awareness about the significant impacts that bees, butterflies, moths, hummingbirds and even bats have on our surroundings and what we can do to protect them.

These and many other pollinators are the unsung heroes of our natural environment. They ensure the reproduction of countless and diverse plant species, support food production and enhance the beauty of our communities. As important as pollination is, these creatures face numerous challenges. Habitat loss, pesticide exposure, climate change, and the spread of invasive species threaten their populations and the delicate balance of our ecosystems.

The Park Authority has compiled several activities and resources for individuals and families of all ages to participate in learning more about pollinators in our community and how to create welcoming environments to promote their survival and prosperity. Some examples include creating pollinator gardens, reducing pesticide use and providing nesting sites in your yard. Every action counts.



**Virginia Kinneman, LUTCF**

Agency Owner

Virginia@KinnemanInsurance.com

Phone: (703) 823-8800

50 S. Pickett Street #20  
Alexandria, Virginia 22304

1301 Vincent Place  
McLean, Virginia 22101



[www.KinnemanInsurance.com](http://www.KinnemanInsurance.com)

# Summer Day Camps & Youth Activities

Be a Super Hero or a Pirate,  
Float and Splash, Explore Nature,  
Perfect your Soccer Shot, or Express Yourself with Arts and Crafts



## Kenwood School Summer Day Camp

At Kenwood Summer Day Camp the children not only go on exciting trips everyday but also have a wide variety of activities to keep them entertained while they are at camp. When the campers arrive in the morning they are greeted by our friendly camp counselors and immediately go join their friends on our large, wooded playground. Our playground equipment is top notch but you will likely say goodbye to your child as they are running to join the basketball or kickball game in progress on the blacktop. As the day warms up the campers go in groups to one of our 5 themed rooms to cool off and play.

- Game Room - board games, air hockey and foosball tables, and a Wii with a projector
- Art Room - weekly arts & crafts projects to make and take home
- Lounge - bean bag chairs, oversized pillows to relax on, books and magazines to read
- Video Game Room - jam packed with televisions with playstations and lots of games to choose from
- Gym - basketball, volleyball, or relay races are played in a nice, air conditioned environment
- Extended Day at no additional charge (7 am to 6 pm)
- Week by Week Sign-Up
- Weekly Tuition covers all activity fees
- Sibling Discounts
- Family Registration

4955 Sunset Lane  
Annandale, VA 22003  
703-256-4711 [www.kenwoodschool.com/services/](http://www.kenwoodschool.com/services/)



## Hapmudo Summer Camp & After-School Tutoring Programs

Summer Programs include well supervised field trips for swimming and many child friendly activities to promote health, social interaction, and just plain fun. **Hapmudo also offers an evening Martial Arts program with a 15% discount if you mention the Chamber of Commerce.** Contact them directly for more information on these classes or details on the Summer Program. See below for information on this amazing organization.

*"Lee's Hapmudo Martial Arts Studio has been a fixture in Annandale for decades providing classes for adults as well as children. Located in the Annandale Shopping Center on Columbia Pike, Grand Master Lee believes that the study of Martial Arts is a method of living as well as an art. He wants his students to study the philosophies of Martial Arts through which they will master good manners and the values needed to achieve happiness in everyday life and to become true friends and good citizens."*

*Lee's Hapmudo offers various styles of training in Hapkido, Tae Kwon Do, Karate, Kung Fu, Tai Chi, Jujitsu, Aikido, Kendo, and Judo. In his many years of teaching, Grand Master Lee has helped his students overcome and improve problems such as asthma, chronic back pain, and addiction. Students are taught to develop self-discipline and self-control. Perhaps his proudest achievement is the number of children he has helped with learning disabilities and other scholastic behavior problems."*

*An excellent after school program offers homework assistance and transportation from school. Discounts are also provided for law enforcement, military personnel, and families."*

7036 Columbia Pike, Annandale, VA 22003  
(In the Annandale Shopping Center - Columbia Pike at Gallows Road)

[www.hapmudo.net](http://www.hapmudo.net)  
[webmaster@hapmudo.net](mailto:webmaster@hapmudo.net)

703-750-3330



*Annandale has a number of great summer day camp programs for children that will entertain and thrill your kids this year. All are well supervised fun programs with a variety of activities to hold the interest of the campers while providing memorable experiences.*



## Annandale Boys & Girls Club

Since 1959 the Annandale Boys and Girls Club has organized team sports in the Annandale area. If you wish to play Soccer, Basketball, Football, Lacrosse, Cheerleading, and any number of other spots, this is the organization to contact. Operating out of their downtown Annandale office on Annandale Road, the club also operates a Bingo Hall on Friday and Saturday nights in nearby Alexandria and has a Sports Center a few miles from Annandale in Springfield, VA.

The Annandale Boys & Girls Club mission is to provide a variety of instructional, recreational and competitive youth sports opportunities, emphasizing learning, teamwork and sportsmanship, focusing on age-appropriate player development that is fun, improves self-esteem, self-confidence, and respect for others. The club has many sports programs for youth fitness and a few affiliated programs for adult fitness.

### Soccer programs

- for youth Pre-K to 4th grade are provided through Recreation Soccer
- for youth ages 10-19 can participate in Suburban Friendship League (SFL) Soccer
- On a competitive selection basis, some are asked to participate in Travel Soccer, which involves travel to tournaments around the state, the country, and sometimes outside the U.S.
- Soccer programs also include camp sessions - three in the Summer and one in the Spring - where players can develop their skills.
- Winter Indoor Soccer.

In addition to year-round soccer programs, the club has

- **Fall Sports:** Football, Cheerleading, Field Hockey and T-Ball;

- **Winter Sports:** Basketball and Wrestling; and
- **Spring Sports:** Lacrosse, and T-Ball.
- Boxing is available year-round.

**REGISTRATION FOR FALL SPORTS PROGRAMS NOW AVAILABLE**

### Annandale Boys & Girls Club

4216 Annandale Road  
Annandale, VA 22003  
703.941.4411  
[abgc@abgc.org](mailto:abgc@abgc.org)



**HAPMUDO**  
MARTIAL ARTS

### Lee's Hapmudo Martial Arts Studio

7036 Columbia Pike . Annandale, VA 22003  
703-750-3330 . [webmaster@hapmudo.net](mailto:webmaster@hapmudo.net)  
[www.hapmudo.net](http://www.hapmudo.net)

*FIND HARMONY OF THE MIND, BODY AND SPIRIT*

## Kenwood School & Summer Day Camp

**Est. 1957**



955 Sunset Lane  
Annandale, VA 22003  
(703) 256-4712  
[www.kenwoodschool.com](http://www.kenwoodschool.com)  
[admissions@kenwoodschool.com](mailto:admissions@kenwoodschool.com)

# Spotlight by Starlight Summer Concerts

Mason District Park



## Spotlight by Starlight

Wednesday, Friday, and Sunday Evenings • 7:30 p.m.

FREE!

For more than 32 years, Mason District Park has welcomed audiences for the free summer Spotlight by Starlight concerts. The series now includes international-themed concerts on Saturday evenings at Ossian Hall Park in Annandale. The two venues offer music, dance, children's programs, and variety from around the world, close to home. I am very proud of both series, and hope you will visit again and again, all summer long.

See you at the Park!

Penny Gross, Mason District Supervisor



### JUNE

- 16 City of Fairfax Concert Band (Concert Band)
- 18 Tom Paxton and Don Henry (Folk)
- 21 Dixie Power Trio (Jazz)
- 23 National Concert Band of America (Big Band)
- 25 The United States Army Blues Band Pershing's Own (Jazz)
- 28 Doug (Genre-Bending Rock)
- 30 Seán Heely Celtic Trio (Irish, Scottish)

### JULY

- 2 Bull Run Cloggers (Dance/Music)
- 5 The Twangtown Paramours (Americana, Folk, Blues)
- 7 High Noon (Southern Rock)
- 9 Children of Adam Band (New World Music)
- 12 The Johnny Artis Band (R&B)
- 14 The NOVA Symphony Orchestra (Summer Pops)
- 16 Cathy Fink & Marcy Marxer with Chao Tian (From China To Appalachia)
- 19 The Thrills (Roots Rock)
- 21 Shenandoah Run (Folk)
- 23 Bumper Jacksons (Country Swing)
- 26 Veronneau (Jazz, Swing)
- 28 The United States Navy Band Commodores (Jazz)
- 30 Patty Reese Band (Blues, Roots Rock)

### AUGUST

- 2 Tempest (Celtic Rock)
- 4 The United States 257th Army Band (Classical/Jazz/Rock)
- 6 Washington Balalaika Orchestra (Russian Folk Music)
- 9 Mars Rodeo (Rock)
- 11 Scott Kurt & Memphis 59 (Southern Rock)
- 13 The Gem Fatales (Disco)
- 16 Natty Beaux (Swing)
- 18 John McCutcheon (Folk)
- 20 Frank Solivan & Jillian Lea (Bluegrass)



### JUNE

- 17 Fairfax Symphony Orchestra – Percussion Ensemble (Children's Music)
- 24 Groovy Nate (Children's Songs)

## ARTS in the PARKS

A Free Children's Entertainment Series

Saturday Mornings • 10 a.m.

### JULY

- 1 The Great Zucchini (Comedy, Magic)
- 8 Mr. Lilo (Children's Songs)
- 15 Marsha and the Positrons (Family Show)
- 22 123 Andrés (Children's Songs)
- 29 Ms. Niki (Children's Songs)



### AUGUST

- 5 Rocknocoers (Children's Songs)
- 12 Blue Sky Puppet Theater (Puppets)
- 19 the grandsons, jr. (Children's Songs)

For details, visit [www.fairfaxcounty.gov/parks/performance](http://www.fairfaxcounty.gov/parks/performance)

Performances are held outdoors, bring lawn chairs. In case of inclement weather call the concert hotline at 703-324-7469 before leaving home. Cancellations are recorded on the concert hotline one hour prior to the show time.



703-324-8563 TTY Va. Relay 711



# NATIONAL NIGHT OUT

Bring the family to the Annandale Shopping Center and Celebrate Our First Responders

Free Family Fun, Games, Prizes from 6-9 pm, August 1, 2023

































**National Night Out**  
**Tuesday, August 1, 2023**  
**6:00 - 9:00 PM**

*Police - Community Partnerships*

**Free Family Fun & Games**

**Meet Our First Responders**

**ANNANDALE SHOPPING CENTER**  
 7012 Columbia Pike & Gallows

Refreshments

Free Family Fun

Hapmudo Demonstration

Glitter Tattoos

Raffles & Children's Activities

Discounts at Participating Stores













# The Golden Years

## What are the Best Types of Exercise Classes for Older Adults?

By: Deena Imbriglia  
Home Instead Senior Care



To stay active, older adults can find exercise classes or activities that they can perform and actually enjoy! Here are some lower or moderate-impact activities that seniors can build into their daily lives.

### WALKING

– Always an excellent workout for everyone, particularly older adults. It's a

workout you can do outdoors, indoors or with various walk-at-home videos. Try to aim for 10,000 steps a day but getting in as many steps as comfortably possible will extend your life years beyond those who are inactive.

**TAI CHI** – Is a Chinese martial art and a popular activity for seniors. It centers on breathing, meditation and repetitive, deliberate movements. This exercise is low-impact but helps to improve balance, increase flexibility and strengthen muscles.

**SWIMMING & WATER AEROBICS** – Helps a senior's cardiovascular health and is easier on their joints, especially helpful for those who have arthritis or other aches. Aqua jogging, leg lifts, and flutter kicking are some low-impact exercises that can be done in the water.

**YOGA** – A low-impact exercise that helps build muscle strength and core stability. It also focuses on breathing and meditation, which can help to relieve stress. Often, chairs are available to ease standing.

And as always, but particularly in the summer months, make sure that you drink plenty of fluids to stay hydrated, do not over-exert yourself... and get plenty of rest to energize yourself for the next time.

### SOCIABLE ACTIVITIES FOR SENIORS

As individuals age, they tend to spend more time in their homes and by themselves. This can lead to loneliness and isolation. Interacting with other people helps to stimulate the brain and keep mental and social acuity sharp. Here are some activities that are suitable and accessible for most older individuals and inclusive with varying levels of mobility.

**Hobby Clubs** – Find seniors that share your interests. This might include physical activities like dancing, fishing, walking

groups or simply getting together to watch sports or common interest features or events on TV.

**Reading Groups** – These are great for seniors, do not require much physical exertion and can extend to impaired individuals who can enjoy a 'group' through audiobooks and e-readers.

**Visit with Pets** – Pet centers are making animals more available to Seniors to interact and play with them. Some pet organizations and individuals will provide visits to long-term care facilities.

**Charity Work** – This offers a variety of benefits for those mobile Seniors who might be able to serve or pack food for needy groups or work on hand making projects like quilts or crocheting. It also provides the added sense of purpose and teamwork for the greater good.

**Puzzles and Games** – Playing games with one or more other people is a quick and easy social activity for most older individuals. Quick and accessible games can include jigsaw puzzles, Bingo, easy board and card games.

Keeping older individuals socially engaged can be challenging but these activities are just a few suggestions available for both mobile and non-mobile Seniors. Feel free to contact a Senior Living Service for guidance, recommendations or concerns. Whether it's Home Instead or any healthcare provider, we are all resources to help our community seniors-and for those who care to enrich their lives.

**Home Instead Senior Care**  
7058 Columbia Pike, Annandale 22003  
703.750.6644 .[www.homeinstead.com](http://www.homeinstead.com)



**Free transportation for Annandale-Springfield seniors to local medical appointments**

7610 Newcastle Drive . Annandale 22003  
703-941-1419 . [shepherdscas@vacoxmail.com](mailto:shepherdscas@vacoxmail.com)



# The Annandale Food Pantry at ACCA

Donations are Needed



7200 Columbia Pike, Annandale, VA (across from Giant Food)

As families across the country struggle with reduced Supplemental Nutrition Assistance Program (SNAP) benefits, we have seen an increase in demand for food from our food pantry here in Annandale. At the same time, we've all seen the increased prices for food overall which is depleting the funds we've set aside for fresh foods. Although we had very successful food drives in February, our shelves are bare. Can you help? We need:

1) Cash to purchase fresh foods.

2) Nonperishable foods - We will be **collecting food donations Tuesday-Friday afternoons from 1:30 pm - 4 pm**, with the exception of County Holidays and other scheduled closings. The ACCA food pantry is located at 7200 Columbia Pike (trailer separate from the day care center) in Annandale (next to the fire station). Please do not drop off food if a volunteer is not available. To see what is most needed at any given time view: <https://accacares.org/foodpantry/>

3) Volunteers to pick up food from the pantry and make local deliveries.

**Annandale Christian Community for Action** houses a number of charitable arms besides the food pantry. Most notable is their Child Development Center, which is a full day comprehensive child development program. The mission of the CDC is to provide affordable, high-quality early education and developmentally appropriate care for children ages 3 months to 5 years in a safe, healthy and diverse environment.

Families are welcomed into a friendly, inclusive environment. It is a program where parents and children are valued as the foundations of a strong and thriving community. Further, we see parents as partners in the shared goal of providing children with the best possible education.

The teachers lead by example, educate using best-practices and foster children's creativity, choice and discovery. Consequently, we graduate successful, kindergarten-ready children, who are poised to become lifelong learners. In short, we encourage children to **PLAY, EXPLORE, LEARN and GROW**.

The Fairfax County Child Care Assistance Program provides tuition subsidies from state and local funds to qualified families. The Center also receives support from churches, foundations, corporations and individuals. The Center is rated with 4 out of 5 stars under the Virginia Star Quality Initiative, a state standard for quality early education.

For more information, visit the ACCA website at [accacares.org/child-care-development-center-2/](https://accacares.org/child-care-development-center-2/) or call 703-256-0100 · [info@accacares.org](mailto:info@accacares.org)





## MEET THE ARTIST

Diane Cairns, Stained Glass Artist



Stained Glass has been around and admired for centuries. The first stained glass panel dates back to the 600's and was quite simple. It was first used as a teaching tool in churches where stained glass panels were created to depict stories from the Bible. Since many people could not read, the beautiful colored glass scenes explained the different verses. Over time when creation of this art became more affordable, it was incorporated into the décor of residential dwellings. In the 1800's New York City became a mecca for glass construction. The colors were superb, colored all the way through and executed by artisans that rivaled the best in Europe.

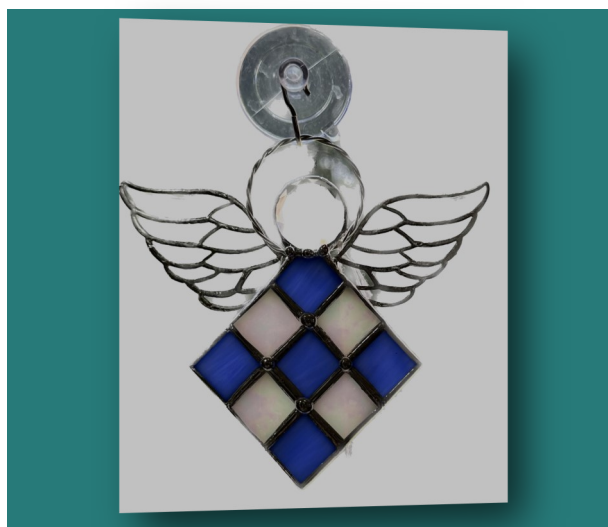
The various vibrant colors were made from distinct minerals and silica and sand to achieve the perfect color, like chromium, silver, gold and cobalt. Creation followed basic steps starting with blowing the glass into cylinders, allowing it to dry, (think a big balloon) then flattening and cutting for the project. Most hand-blown glass has thick and thin depths. Being ballooned and flattened causes these inconsistencies.



It is often thought that this fascinating glass can fade with time; it does not.

At times stained glass windows may appear to be melting with the sun. This material does not melt. Afterall, it is fired in a kiln reaching over 1500 degrees. The sun cannot melt it. If there are bends in the windows it sometimes comes from the lead channels stretching over time. Panels made by the lead channel method need to be re-leaded about every 100 years.

The process of making stained glass leaded windows has about 8 steps. First you would fashion the design with attention to all details. The second step is to make the full size cartoon proportionate to the size of the window. You use special 3 bladed scissors to cut the cartoon. Then your pattern stays true to size and does not grow allowing for the thickness of the lead channel. Next is the fun part, glass cutting. A glue stick is used to attach the paper pattern to the glass. Then, using a *glass cutter* you score the glass and break it with pliers with some colors easier to





# MEET THE ARTIST

Diane Cairns, Stained Glass Artist

cut than others. Beware of white glass as it is very brittle.

If you are painting the glass with enamels you would then fire in a kiln to make the paint permanent. Next, grind or groze the edges of the glass to make it smooth and to help pieces fit better. Next, assemble the panel using a *H lead came* so that the glass can fit on both sides of the lead. After soldering the joints the panel would be framed in zinc. You would then putty or cement the entire panel, cleaning it and also making it weather-proof. The last step would be to install the panel on the inside in front of an existing window. This helps protect the window from the weather, and makes your window last a long time. Knowing the number of steps and skill described, you can better appreciate the skill and experience a glass artist must develop.



There is also an alternate way to create stained glass that was invented by Tiffany and La Farge. Copper foil was attached to the edges of the glass using wax. Then the each piece of glass was soldered together. Today most lamps and contemporary smaller windows are made using this technique.

My stained glass journey started as a hobby in high school. Over the years I continued to make lamps, panels boxes and suncatchers. I earned a Bachelor of Fine arts at Mount St. Mary's University in Maryland before working in retail for over 11 years. I was then ready for a change, managing a stained glass store for 3 years. Two other women (employees) and myself bought the store. I owned the store for 26 years and finally decided to retire in August 2020. During my career, I have

# ARTISANS UNITED

Annandale's Treasure Trove of Artisan Gifts

done everything that can be done with glass. Mosaics, lamp work beads, fusing, lead work and copper foil. I have also taught hundreds of people passing this artisan knowledge onto them. I especially enjoy combining glass fusing and copper foil as can be seen in much of my work. I cut the glass pieces and glue to glass, then fire in a kiln. After firing I cut a glass border to surround the fused center piece. I also do repairs, custom pieces and several craft shows each year, and exhibit year-round at Artisans United Gallery at the Packard Center in Annandale where like-minded artists can meet members of the community. The Gallery displays and sells a variety of pieces, including jewelry, pottery, stained glass, wooden toys and wooden jewelry boxes, photographs, needle crafts, and more. Stop by and see the light!

**The Craft Gallery of Artisans United** is a cooperative endeavor, staffed and run by the independent members of Artisans United, Inc. as well as those individuals belonging to the member Guilds. On a daily basis, visitors will find the Gallery artisans happy to explain crafting techniques and to share their knowledge of where craft materials may be obtained. And, too, visitors will often discover impromptu demos in progress as the artists complete their creations. We are always looking for new craftspeople to join our organization. If you are interested in joining us as a member artist, please ask at the front desk for a membership packet which explains what is expected of you as a member of Artisans United.

If you are looking for gifts, please visit the Gallery where you will find an exceptional range of items appropriate for baby, wedding, mother's day, father's day, graduation and housewarmings.

## The Craft Gallery of Artisans United

4022C Hummer Road Annandale, VA 22003

(Inside the Annandale Community Park just off Hummer Road)

703-941-0202 . [www.augallery.org](http://www.augallery.org)

Hours: Tuesday through Saturday: 10 am-4 pm

Sunday: 1-4 pm



## KIDS' KORNER

### Summer Entertainment Series Features *Arts in the Parks*

Grab your sunscreen, favorite snacks and the kids for family fun in the parks this summer! Every Saturday and Wednesday morning, Arts in the Parks will be hosting several performances perfect for the whole family. Not only will they be entertained with live performances, but they'll also connect with parks and the joy of time spent outdoors.

Nicole "Ms. Niki" Addison will perform on July 29th at Mason District Park, Annandale. Ms. Niki is a classically trained singer/songwriter from Washington, D.C. A graduate of Duke Ellington School of the Arts, Howard University (BFA Music Education), and Trinity University, Master's of Science in Administration/Non-Profit Management, Ms. Niki has taught music education to youth for 15+ years. Over the years, Ms. Niki has nurtured students' talents by creating musical theater programs and leading choirs. Drawing from extensive experience performing and touring abroad, her passion for teaching and music grew with her students and the arrival of her two young children. A full-time educator and mother of two, Ms. Niki understands the daily challenges that face parents and caregivers. She skillfully and intentionally creates sing-along songs, activities, and videos that offer ease and simplicity, making learning fun and easy for all!

All concerts are held outdoor and will be canceled due to in-

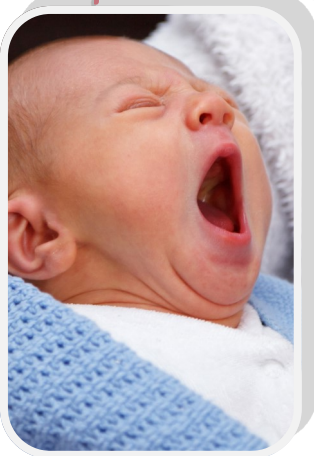


clement weather. Call 703-324-SHOW (7469) for inclement weather updates. For details regarding each series, go to the Summer Entertainment Series website. [www.fairfaxcounty.gov/parks/performance/arts-in-the-parks](http://www.fairfaxcounty.gov/parks/performance/arts-in-the-parks)

Wednesday Mornings • 10 a.m. • Frying Pan Farm Park Visitor Center

Saturday mornings • 10 a.m. • Mason District Park, Burke Lake Park, EC Lawrence Park Amphitheater & Wakefield Park (behind the Rec Center)

## TOP Baby Names



### Gender Neutral Favorites:

Sage, Dorian, Flynn, Adley, Kori, Grey, Maverick, Parker, Asher, Cameron, Wyatt, Asher

1. Olivia/Liam
2. Emma/Noah
3. Charlotte/Oliver
4. Amelia/Mateo
5. Ava/Elijah
6. Isabella/Leo
7. Sophia/Lucas
8. Luna/James
9. Mia/Ethan
10. Aurora/Aiden
11. Lily/Asher
12. Harper/Luca





# Local Farmers' Markets

In-Person or Pre-Order and Pick-Up



Organized by the Fairfax County Park Authority, these Farmers' Markets offer a wide variety of freshly picked fruits, vegetables, herbs and cut flowers. There are also fresh eggs, baked goods, fresh pasta, honey, jam, teas and cider to purchase. Milk and cheese products, and homemade ice cream, along with a wide array of meat products, round out the edible delights offered. If gardening is an interest, many vendors have small plants at the beginning of the season, while other vendors have larger landscape plants for those ambitious projects. Edible potted plants, figs, spices dried lavender, cut flowers including some varieties of wild flowers are also sold to round out your table.

## Mason District Park

6621 Columbia Pike, Annandale, VA 22003  
Thursdays May 4 -- November 2, 2023

Markets are open for in-person shopping. Some vendors offer online ordering with pickup at the markets. Please check individual vendors for more information: [www.fairfaxcounty.gov/parks/farmersmarkets/annandale](http://www.fairfaxcounty.gov/parks/farmersmarkets/annandale)

### Vendor Listing

78 Acres  
Belen Bakery, LLC  
BOSO Foods  
FJ Median & Son Farm  
Great Harvest Bread Company  
Hog Haven Farm  
Honeycomb Heroes  
J & W Valley View Farm  
Layla's Lebanese Restaurant  
Matthew's Micro Greens  
Metropolitan Bakery  
Popi's Hot Sauce  
Sharkawi Farm  
Sweet Twist of Ecuador LLC Ana's Twist  
The Traveling Shepherd Coffee Company  
Twin Springs Fruit Farm, Inc.

**Directions:** Beltway (Route 495) exit 52B (Little River Turnpike, Route 236) east 2 miles to left at John Marr Drive and right on Columbia Pike to park entrance on right just before Sleepy Hollow Road. 703-941-1730.

[www.fairfaxcounty.gov/parks/farmersmarkets/annandale](http://www.fairfaxcounty.gov/parks/farmersmarkets/annandale)



## Wakefield Park

8100 Braddock Road, Springfield, VA 22009  
Wednesdays, May 3 - October 25  
2:00-6:00 PM

### In Person or Pre-Order Available...Steps to Pre-Order

- Select a vendor below.
- On vendor page, select the CONTACT button near the vendor logo at the top of the page.
- Fill in the blanks and send a message to the vendor saying that you want to place an order.
- Vendor will contact you. Place your order and make payment.

### PICKUP

- Enter the market. There may be a waiting line.
- There will be a one-way path through the market.
- Follow the one-way path to your vendor's stall.
- Pick up your paid pre-order, or give the vendor your name and payment.
- Vendor will present you with your order.

### Vendor Listing

Amest Seafood	Kartoos Spice Co.
Baguette Republic	Kuhn Orchards, LLC
Doughboy Creamery	Linda Vista Farm
F.J. Medina & Son Farm	Luke & Son for Global Food
Frothy Mug	My Alfajor LLC
Grammy J's Baking	Sue's Pies and More

Directions: From Beltway (Route 495) exit 54A (Braddock Road) go west 1/4 mile to entrance of park on right. From Burke: East on Braddock Road to left at Queensberry Ave. Organized by the Fairfax County Park Authority, these Farmers' Markets offer a wide variety of freshly picked fruits, vegetables, herbs and cut flowers. There are also fresh eggs, baked goods, fresh pasta, honey, jam, teas and cider to purchase. Milk and cheese products, and homemade ice cream, along with a wide array of meat products, round out the edible delights offered.

[www.fairfaxcounty.gov/parks/farmersmarkets/wakefield](http://www.fairfaxcounty.gov/parks/farmersmarkets/wakefield)

# UnCovered

## Serve a Slice of History

FCPA



This toleware pie pan with fluted edges is decorated with white flowers, green leaves and yellow wheat. Yellow and green lines were painted on the raised edges inside the pan, and small flecks of gold paint surround the center image. Toleware refers to objects made of tin that have been lacquered and adorned with a picture or design and comes from the French phrase “tôle peinte,” which means “painted sheet metal.”

This technique developed in the 18th century and spread across Europe and America. Sheets of iron or steel were dipped in molten tin or pewter to form a foundation that could be decorated with paint or varnish. The technique is said to have been developed to keep utilitarian household products from rusting. In America, toleware was initially imported from England and France because of a law that prevented tin from being produced in the colonies, but eventually tin craftsman in America, known as “whitesmiths,” secured a reliable source for tin and began creating their own pieces. Areas in Maine, Connecticut and Pennsylvania Dutch country became known for the craft.

These pieces of painted metal are usually associated with folk arts and crafts but can feature refined and intricately painted designs. Though the Revolutionary War created a gap in production, toleware continued to flourish until the



*Toleware Coffee Pot by Artist Charles Hrnning, c. 1940*  
National Gallery of Art, index of American Design

end of the 19th century and even saw a brief resurgence in America in the 1950s.

The Park Authority’s toleware pieces come from our Lahey Collection. In 1940, Richard Lahey, the once principal emeritus of the Corcoran School of Art and a well-respected artist and teacher, and his wife, Carlotta Gonzales Lahey, a painter, sculptor and teacher, bought 45 acres of land in Vienna. Richard and Carlotta were important members of their community who truly loved art and Fairfax County. Throughout their lives, they collected interesting historic furniture, folk art and antiques. Carlotta bequeathed 22 acres of land, their house, and its contents to the Fairfax County Park Authority in memory of Richard. Their beautiful home is now part of the Fairfax County Park Authority’s Resident Curator Program.

*The term **tôle**, derived from the French **tôle peinte**, “painted sheet metal”, is synonymous in English usage with japanning on tin, such as the **tôle** shades for bouillotte lamps and other candle shades, and trays and lidded canisters, in which stenciling and gilding often features, almost always on a black ground. Pontypool and Usk in South Wales made a reputation for **tôle** imitating Japanese lacquer starting in the early 19th century.*

*In American collectibles and antiques, **toleware** refers to kitchen-related objects created from metal, typically tin or thin steel, and are often in decorative styles such as Arts and Crafts and Pennsylvania Dutch. Decorative painting on these items is common but not necessary. This style of decorative art spread from Europe to the United States in the 18th century, and was popular in US kitchens in the 18th and 19th centuries.*

*In the field of handicrafts, tole painting on metal objects is a popular amateur pastime. (Wikipedia)*

*The Fairfax County Park Authority’s Museum Collections are home to more than 5,000 museum objects (chairs, quilts, baskets, machines, clothing), thousands of archival items (photographs, maps, letters and other documents) and upwards of three million artifacts (archaeological discoveries such as spear points, pottery). They are the stories of Fairfax County.*



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# Chamber Chat: News, notices & bulletins posted by Annandale Chamber Members

**The Annandale Shopping Center** is in full bloom and ready to serve the needs of the community. Visit the newly opened Sweet Frog and the recently redecorated Beanetics Coffee Roasters and try some of their new menu items. Shop at our other stores such as ALDI, American's Favorite Grocery, Silverado, Tiffany's Bakery, Hair Unik, Collector's World, Eden Nails, Hapmudo Martial Arts School and Camp Kitchen and Barth Solutions, Home Instead Senior Care, H&R Block, Enterprise Rent-a-Car, Annandale Barber Shop, Annandale Photo, Pupusas Express, Cue Club Café, and Mathnasium who are all waiting to serve you. S 7000 Columbia Pike at Gallows Road, Annandale [www.annandaleshoppingcenter.com](http://www.annandaleshoppingcenter.com).

**Annandale Boys & Girls Club:** The Annandale Boys & Girls Club (ABGC) mission is to provide many recreational opportunities for many young athletes, in order to teach the importance of sportsmanship and teamwork. The sports we offer at our club are Soccer, Football, Boxing, Basketball, Tee-ball, and Wrestling. Currently, registration for our fall sports, which will begin in September, are now open. Email: [abgc@abgc.org](mailto:abgc@abgc.org) . 703-941-2242 . 4216 Annandale Rd Annandale [www.abgc.org](http://www.abgc.org) Sign up for email alerts or text "follow annandalebge" to 40404 on your cell phone for text alerts. Twitter at [twitter.com/#!/AnnandaleBGC](https://twitter.com/#!/AnnandaleBGC). Facebook at [www.facebook.com/#!/AnnandaleBCG-703-941-ABGC](https://www.facebook.com/#!/AnnandaleBCG-703-941-ABGC)

**Annandale Volunteer Fire Department** provides an exciting bingo game and lots of opportunities to win every Monday & Thursday and other special times throughout the year. Doors open 4:30pm – Early Birds start at 6:45pm – Regular Session starts at 8:00pm. See AVFD BINGO special events. Must be 14 yrs. of age to play, ATM machine available. Bingo Hotline is 703-941-1328. call (703) 560-3109 x118. 3504 Gallows Rd, Annandale, VA 22003.

**Demaine Funeral Home:** With summer travel in full swing, there comes peace of mind with our Travel Protection program. It is easy to arrange with our team of professionals, so that no matter where in the world you are, your loved ones can get you home with a phone call if something were to happen. Demaine Funeral Home, 5308 Backlick Road, Springfield 703-941-9428 [www.demainefunerals.com](http://www.demainefunerals.com)

**Quality Electric Service Inc.** is a family owned business. We can take care of all your Residential Electrical needs in Northern VA. Please call us today at 703-642-1880 and ask about our discounts and specials. We are highly rated on Angie's List and Check Book Magazine. We also install and service Generac Generators.

**RE/MAXX 100-Pat Sawhney Realtor:** In challenging times you need a Senior Real Estate Specialist more than ever when preparing to buy or sell your home. I have 44 years of experience in Northern Virginia. I am also able to help those who choose to move to senior housing by--helping to organize and supervise renovations and painting, suggesting vendors to help with downsizing and other experts in all phases of a move. My services also include staging your home with your furniture or ours. 703-395-9214.

**The Shepherd's Center of Annandale Springfield** where seniors helping seniors, needs volunteer drivers to take area adults 50+ to medical, dental, and physical therapy facilities during the week and shopping and banking on the weekends. You can drive as often as you want and only when it fits your schedule. At the same time, you can make a real difference in the lives of area seniors. Other volunteer positions also available. If you are interested, contact our office at 703-941-1419 Monday—Friday 10:00 am to 1:00 pm.



[www.kenwoodschool.com/services/](http://www.kenwoodschool.com/services/)  
703-256-4711

[www.kona-ice.com/events/](http://www.kona-ice.com/events/)  
202-643-5113



LET THE GOOD TIMES ROLL  
KONA ICE OF ANNANDALE

## Lambros Goldsmith

A spectacular personal experience where an exceptional Artist works.



**Lambrosmagiafas@gmail.com**

Annandale, VA 703-354-1038  
Juneau, Alaska 907-586-3355  
Skagway, Alaska 907-983-3016

Lambros Magiafas, known professionally as Lambros Goldsmith, is an award-winning fine jewelry designer born in Crete, Greece. Growing up in such a culturally rich and beautiful place had a profound impact on his creativity and matchless style.

Lambros Goldsmith's Jewelry is one of a kind and tailored to the person's dreams, ambitions, and understanding of beauty. His goal is to bring joy, uniqueness, and appreciation for beauty into people's everyday lives through his stunning creations. With shops across the country, Lambros Goldsmith has become a prominent figure in the world of jewelry design, known for his personalized approach and exceptional craftsmanship.

Lambros Goldsmith's process of creating jewelry is personal and thorough. He regularly travels to reputed craft and trade shows where he carefully handpicks the highest quality materials and gems. He then tells a story for each gem by creating exclusive designs and settings that are harmoniously intertwined with their qualities and beauty. His personal touch is evident in every piece he creates, and one can feel his love for design just by looking at the intricate patterns and hand-crafted details.

Lambros Goldsmith takes great pride in making people happy through his creations and designs. His customers often remark on the joy and happiness his jewelry brings to their lives. If you desire a spectacular personal experience where a true artist works with you to handcraft a piece of jewelry uniquely representing your vision and desires, stop by Lambros Goldsmith's shop located at 7137-C Little River Turnpike, in Annandale.

Wearing one of Lambros' creations is not only a daily reminder of beauty and art but also of how distinctive and special we all are as parents, professionals, and individuals.





## Sweet Frog Brings Summer Alive

The best frozen yogurt experience you've ever had!



The long awaited Sweet Frog Frozen Yogurt store has opened in the Annandale Shopping Center near Collector's World. Franchise owner Nabil Hindi has added outdoor seating and an exciting interior of pink, green and pale aqua that shouts, "It's Party Time."

At Sweet Frog you create your own combination of delicious soft-serve frozen yogurt, then top it off with any toppings you choose. First you select a cup size, then fill it with soft serve frozen yogurt from one of their wall dispensers or select ice cream or sorbet. They even offer gluten free treats sugar free, dairy free, low fat and non fat options. Finally, you add as many toppings as you wish and pay based on the weight.

Toppings include candy bits, jelly beans, poppers, cookie pieces, sprinkles, fresh fruit, nuts, and of course, gummies. Approximately fourteen flavors are offered including pineapple-coconut, strawberry-mango, cake batter, blue cotton candy, vanilla, Irish cream, baked apple, cookie dough, and peppermint bark.

Franchise owner Nabil Hindi has added outdoor seating and offers birthday parties for children and paint parties that run about one and a half hours.

7002 Columbia Pk. (in the Annandale Shopping Center)  
[www.sweetfrog.com/stores/frozen-yogurt-annandale/35587](http://www.sweetfrog.com/stores/frozen-yogurt-annandale/35587)



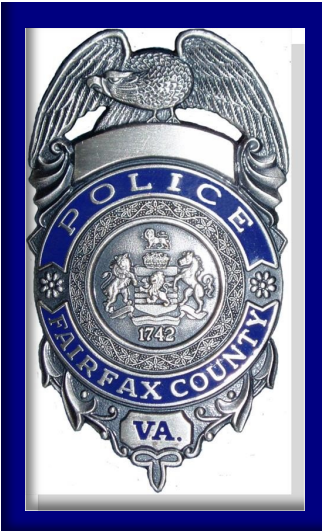
with the  
**Annandale Boys & Girls Club**

**From Soccer to Wrestling and everything in between, ABGC is committed to provide our community with the best youth sports programs in the state of Virginia. Join the Summer Fun!**

**abgc.org  
 (703) 941-ABGC (2242)**

# The Police Beat

## Home Security Reminders Ahead of Vacation Season Road Shark Campaign



The Fairfax County Police Department needs your help in preventing burglaries. Home security starts with you.

Officers from our Crime Prevention Unit have identified some simple tips that can help strengthen the security of your property and deter crime.

- Install security cameras that preferably have recording capabilities.
- If you're heading out of town, avoid announcing your plans on social media.
- Ensure your residence appears

occupied, even when no one is home, by using timers on lights.

- Keep all doors and windows closed and locked.
- Secure sliding glass doors by placing a metal rod or a wooden dowel rod in the track.
- Lock the door to an attached garage.
- Keep the perimeter of your home well-lit.
- Have a trusted neighbor check on your home if you plan to be away.
- Keep landscaping trimmed near entrances and walkways.
- Organize or join a Neighborhood Watch program.
- Keep an inventory of your property.
- Store ladders, tools, and any other outside objects in a locked shed or garage.
- Set a reminder every night before bed to lock your car and home to keep them safe.
- Report suspicious activity to our non-emergency number at (703) 691-2131. If you have an emergency, use 911.

Make your home a hard-target for burglars.

Did you know that our Crime Prevention Officers have specialized training in conducting home security surveys? Please contact your local district station to learn more and sign up.

A great way to stay connected with our Crime Prevention Officers is by signing up for Nextdoor at <https://nextdoor.com/agency/>

**Mason District Police Station:** [www.fairfaxcounty.gov/police/district/mason](http://www.fairfaxcounty.gov/police/district/mason) . 703-256-8035

**West Springfield Police Station:** [www.fairfaxcounty.gov/police/district/westspringfield](http://www.fairfaxcounty.gov/police/district/westspringfield) . 703-644-7377

The Fairfax County Police Department has started their second "Road Shark" campaign throughout the county. Road Shark is a high-visibility and coordinated enforcement and education effort to deter aggressive driving, reduce crashes, and change driving behavior.

Officers from around the county will be increasing their visibility and traffic enforcement efforts in the hopes of educating drivers, interrupting aggressive driving, and encouraging safe driving behaviors. Complacency behind the wheel can prove deadly. Crashes are often attributable to excessive speed, distraction, and aggressive driving. It is their hope that officers can provide complacent drivers with a reminder that good driving behavior and driving habits can save lives.

In their last campaign, officers along with the Virginia State Police partners issued over 3,775 citations.

In conjunction with FCPD's 2023 Monthly Traffic Safety campaigns, Road Shark will be an integral part of this approach to keeping community members safe.



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Annandale VA 22003



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Web: [www.Aaplusdrivingschool.com](http://www.Aaplusdrivingschool.com)



# Protect Your Pet During an Emergency

Plan in Advance & Pack an Emergency Kit



## PET PREPAREDNESS: DISASTER KIT CHECKLIST

Pet owners are reminded to always prepare emergency plans for their animal companions so that they can weather emergency conditions safely. Pets, like humans, are victims of natural and man-made disasters, so owners must be prepared to evacuate their pets with the necessary supplies.

### Key Takeaways

- Pets need to be included in the family's emergency plan.
- Two emergency kits are necessary for pets: one for sheltering in place and one for evacuation.
- Make sure your pet has a collar with tag containing all updated information.
- If not already done, have your pet microchipped.

Disasters can strike at any moment. It's crucial to be fully prepared to evacuate with your pets in case of an emergency.

### Emergency Planning for Pets

Emergency planning for pets is a crucial aspect of disaster preparedness, and it involves taking necessary measures to ensure pet safety during emergencies. Pet owners should develop an emergency plan, build an emergency kit and seek advice from our the county's Emergency Management and Security Department at [www.fairfaxcounty.gov/emergencymanagement/](http://www.fairfaxcounty.gov/emergencymanagement/) to prepare their pets for disasters. An evacuation plan is also important to ensure pets are not left behind during an emergency evacuation.

### Emergency Kits for Pets

The emergency kit for pets should be regularly reviewed and updated with fresh food water for at least one week along with feeding bowls and medication stored in waterproof containers. Additionally, the kit should contain a traveling bag, crate, or sturdy carrier for each pet, which should be large enough for the pet to stand up, turn

around and lie down comfortably.

Pack a familiar bed or blanket, litter box, litter, litter scoop for cats and dog leashes, collars, dog tags, poop bags for dogs along with a photo of you with your pet. Good idea to make a photocopy of vaccination/veterinary records and your pet's contact info. Whenever you take your pet in for their annual check-up, ask the vet to photocopy the pet's records and sequester immediately in your emergency kit so you need not go in a frantic search during an evacuation.

Identification and contact information should be updated and included in the kit. Grooming items and sanitation needs, such as litter boxes, waste bags and cleaning supplies, should also be included. Familiar items, such as toys and blankets, can help reduce stress for pets (and family members too) during a disaster.

### Fairfax County Animal Shelter

4500 West Ox Road, Fairfax, VA 22030

[animalshelter@fairfaxcounty.gov](mailto:animalshelter@fairfaxcounty.gov) . 703-830-1100

Open Tuesdays and Wednesdays 12-5pm

Thursdays and Fridays 12-7pm

Saturdays and Sundays 11am-5pm, closed Mondays

*Don't leave me behind!*



**SAVE THIS DATE & Register to Participate: Saturday, October 28, 2023 -  
The Annandale Parade 10 AM—Noon**

**American Legion**

Bicentennial Post 1976

**Diane Ramsey**  
Manager

4206 Daniels Avenue  
Annandale, Va 22003  
703-941-9608 Post  
703-408-9123 Cell  
703-941-0136 Fax  
Rpcomm6759@aol.com  
Post1976.org

Brandon L. Yeckel  
Funeral Director



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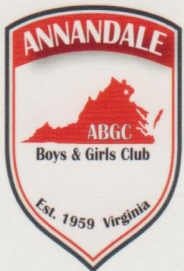
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Fax 703-658-5123  
Brandon.Yeckel@DignityMemorial.com

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**Annandale Boys' & Girls' Club, Inc.  
(ABGC)**



4216 Annandale Road  
Annandale, VA 22003

Office #: (703) 941-ABGC (2242)

Email: [abgc@abgc.org](mailto:abgc@abgc.org)

[www.abgc.org](http://www.abgc.org)

**KBS**  
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SOLUTIONS

7024 Columbia Pike, Annandale, Virginia  
(571)3994141- (571)2328822  
[kbsolutions@kitchensbathsolutions.com](mailto:kbsolutions@kitchensbathsolutions.com)  
<http://http://www.kitchensbathsolutions.com>

**The Annandale Parade**

**Saturday, October 28, 2023  
10:00 AM - Noon**



**WATCH THE FUN  
Columbia Pike**

[www.annandalechamber.com](http://www.annandalechamber.com)

Event organized by the Annandale Chamber of Commerce. The Annandale Parade will be accessible to people with disabilities.

Scouts

Fire Trucks

Antique Cars

Clowns

Dancers

Marching Bands

Storybook Characters